

# HOCKEY BASICS

## MISSION STATEMENT

Hockey Basics is designed in partnership with Lehigh Valley Phantoms Youth to provide an introduction to the basic skills necessary to transition into a travel hockey future. Skaters will learn the fundamentals of hockey skating and basic skills in a fun, engaging environment.

## INTRODUCTION TO HOCKEY

### PROGRAM PROGRESSION



## PARTICIPANT RELEASE OF LIABILITY AND ASSUMPTION OF

### RISK AGREEMENT READ BEFORE SIGNING

Participant Name \_\_\_\_\_

In consideration of being allowed to participate in any way in the program, related events and activities, I the Undersigned, acknowledge, appreciate and agree that: 1.) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death; and 2.) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and 3.) I willingly agree to comply with the terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and 4.) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY AND HOLD HARMLESS THE STEEL ICE CENTER, its Officers, officials, agents and/or employees, other participants, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (RELEASEES), from any and all claims, demands, losses and liability arising out of or related to any INJURY, DISABILITY OR DEATH, I may suffer, or loss or damage to person or property, WHETHER ARISING FROM NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X \_\_\_\_\_  
Participant's Signature / Age / Date

#### FOR PARENTS/GUARDIANS OF PARTICIPANT OF MINOR AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liability incidents to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X \_\_\_\_\_  
Parent/Guardian signature / DATE

X \_\_\_\_\_  
Emergency phone number



320 EAST 1ST STREET  
BETHLEHEM, PA 18015  
610-625-4774  
WWW.STEELICECENTER.COM

## QUESTIONS?

CONTACT MARIE McNALLY at  
steelicehockeydirector@gmail.com



# PROGRAM DIRECTOR

LAURA HUDSON

A professional coach of more than 20 years, along with her roll as Hockey Basics Program Director, Coach Laura serves as the Program Director for the Lehigh Valley Phantoms Youth 8U Developmental Program.

# PROGRAM SCHEDULE

SATURDAYS 10:45 AM - 11:45 AM

ALL LEVELS

4/23/2022 - 6/11/2022

OFF 5/7 & 5/28

# PROGRAM INFORMATION

- Skaters must meet all Program Requirements to participate
- Yearly registration fee of \$17 for Learn to Skate USA
- Includes 6 Free Public Skating Session Admissions during the Spring session dates
- No make up lessons offered for this program
- No credit for missed classes
- Each lesson includes 30 minutes of skating and 30 minutes of hockey skills
- Registration accepted by phone, mail, or walk in

# REGISTRATION

6 Week Session - \$135

\$10 DISCOUNT if registered and paid by 4/20/22

Skater's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Contact Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

First Time Enrollment

YES NO

First Time Registration for the July 2021-  
June 2022 Season

YES NO

Has your child passed a minimum of Basic 3  
in the Learn to Skate Program?

YES NO

Please Sign Waiver on Back

NO CASH REFUNDS  
RINK CREDIT WILL BE GIVEN

# PROGRAM REQUIREMENTS

MUST HAVE PASSED A MINIMUM OF BASIC 3  
IN THE LEARN TO SKATE PROGRAM

MUST PASS A DAY 1 ASSESSMENT TO  
DETERMINE IF MINIMAL SKATING  
SKILL LEVEL IS MET, MAY BE ASKED TO  
RETURN TO LEARN TO SKATE BASED ON  
ASSESSMENT PERFORMANCE

FULL EQUIPMENT IS REQUIRED INCLUDING:  
HOCKEY HELMET WITH FULL FACE GUARD  
SHOULDER PADS  
ELBOW PADS  
HOCKEY GLOVES  
HOCKEY PANTS  
SHIN GUARDS  
HOCKEY STICK

SKATERS MUST SUPPLY THEIR OWN  
EQUIPMENT

(RENTAL SKATES SUPPLIED IF NEEDED)

Hockey Basics is developed and coached in partnership  
with the Lehigh Valley Phantoms Youth Organization.

